

# September

# Lunch Menu

Mon	Tue	Wed	Thu	Fri
2  <b>NO SCHOOL LABOR DAY</b>	3 B: Omelet L: Chicken Fajita on Flatbread Peas	4 B: Cinnamon Roll L: Salisbury Steak Mashed Potatoes w/ Gra- vy Tea Roll	5 B: Banana Bar L: Chicken Alfredo Green Beans Garlic Bread	6 B: Sausage & Biscuit L: Hot Ham & Cheese Baked Beans Chips
9 B: Uncrustable L: Italian Dunker Marinara Sauce Green Beans	10 B: Long John L: Hamburger on a Bun Spiral Fries Ice Cream	11 B: Scrambled Eggs L: Chicken Nuggets Mashed Potatoes w/Gravy Tea Roll	12 B: French Toast L: Crisпитos w/ cheese Corn Tea Roll	13 B: Egg & Biscuit L: Hot Dog on a Bun Tater Tots Cookie
16 B: Chocolate Chip Muffin L: Ham & Scalloped Potatoes Peas Tea Roll	17 B: Waffle L: Pepperoni Pizza Corn	18 B: Yogurt & Pop Tart L: Country Fried Steak Mashed Potatoes w/Gravy Tea Roll	19 B: Omelet L: Teriyaki Chicken Asian Rice Tea Roll Fortune Cookie	20 B: Chocolate Donut L: BBQ Pork on a Bun Baked Beans
23  <b>NO SCHOOL Teacher In-Service</b>	24 B: Pancake L: Softshell Tacos Spanish Rice Refried Beans	25 B: Glazed Donut L: Chicken Strips Mashed Potatoes w/Gravy Tea Roll	26 B: Uncrustable L: Biscuits & Gravy Tri Tater Corn	27 B: Cinnamon Roll L: Chicken Patty on a Bun Rosemary Potatoes
30 B: Breakfast Cookie L: Mini Corn Dogs Peas Tea Roll				

All Breakfast Meals (B) include: Variety of cereal or oatmeal.

All Lunch Meals (L) include:

8 oz. Milk  
Salad Bar

All Breakfast Meals (B) Include: 8 oz. Milk, Fruit or Fruit Juice

Salad Bar may include the following options

: Fresh Lettuce  
Carrots / Celery  
Tomatoes  
Diced Eggs  
Bean Variety  
Cucumbers  
Fruit Variety